



Dear Parent/Carer,

In 2020, Relationships Education and Health Education became statutory for all secondary schools in England. The Government updated statutory RSHE guidance in 2025, with revised expectations for schools from September 2026.

As a Catholic school, our mission is to support the spiritual, moral, social and cultural development of all of our students, rooted in the wisdom and teaching of the Church. The education of children in human sexuality is an important, precious and privileged responsibility. The Church teaches us that this is very much a partnership with parents, in which parents are the 'first educators' of their children on these matters; ultimately, you confer on us the right to co-educate your children with you.

We have been researching various programmes that are available and have decided to adopt **Life to the Full** by Ten Ten Resources. Ten Ten Resources is an award-winning Catholic educational organisation that is well-respected and very experienced in this field of work.

Life to the Full has been approved by our diocese. Furthermore, **Ten Ten Resources** have entered into a partnership with the Catholic Education Service and the Department for Education to provide training for teachers in Catholic schools on the subject of the RSHE statutory curriculum. Therefore, we are confident that this programme is a very good fit for our school.

Through their programme, **Ten Ten Resources** understand the foundational role that parents have in educating and nurturing their children on these matters. Within the programme, they have built in resources which will not only keep you informed about what is being taught in school, but will also give you the opportunity to engage your children in discussion, activity and prayer.

The programme is designed not only to support students' spiritual, moral and emotional development, but also to help children and young people recognise unsafe situations, understand healthy relationships and navigate online life safely.

We would like to have your feedback on our approach. To this end, we have opened a consultation period during which we welcome your feedback.



RESPECT



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Ten Ten Resources have provided an online **Parent Consultation Course**. This is a simple-to-follow, short online course which:

- Outlines the statutory changes that have taken place in England
- Articulates a vision for Catholic Relationships, Sex and Health Education.
- Explains how Life to the Full aims to help us fulfil the statutory curriculum with a Catholic ethos.
- Answers some Frequently Asked Questions.

Ten Ten Resources have also provided an **Online Parent Portal** which will be a tool we can use throughout the year to keep you informed and updated about the work we are doing in school. Parents are able to view representative curriculum materials and lesson overviews through the Parent Portal.

To take part in the consultation, please do the following:

- Access the Parent Consultation Tool here:
www.tentenresources.co.uk/parent-consultation-secondary
- You will need the following login credentials for our school:
Username: thomas-becket-nn3
Password: bridge-house
- Undertake the Parent Consultation course provided.
- Complete the following questionnaire:
[RSE Parent Consultation Survey 2026 – Fill out form](#)
- Send us your feedback by 14th September 2026

We hope that our approach not only assures you about the new programme of resources we are going to use, but will be an important and exciting opportunity for our entire school community.



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WEBSITE

www.olicatschools.org

STRATEGIC EXECUTIVE LEAD

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