



## **The Commandments of God**

1. As I am the Lord your God; you shall have no other gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's day.
4. Honour your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbour.
9. You shall not covet your neighbour's wife.
10. You shall not covet your neighbour's goods.

## **The Chief Precepts of the Church**

1. To attend Mass on all Sundays and holy days of obligation.
2. To fast and to abstain on appointed days in Lent.
3. To confess our sins at least once a year.
4. To receive Holy Communion during the Easter time.
5. To contribute to the support of the Church and charities.