

Social media

We know children have been communicating with one another online and appreciate this will offer a level of support to them as they come to terms with what has taken place. However, we do ask that people refrain from sharing insensitive posts and images on social media which are likely to cause additional distress.

How to report

We understand that conversations taking place with children over the coming days could result in parents or guardians wanting to make contact with the police. There are several ways for you to do this. If it's information about the incident, including events before or after it, please call 101, quoting incident number 23000174855. Alternatively, information, including pictures and videos can be submitted via an online portal [here](#).

Police officers will be out and about in Kingsthorpe throughout the weekend and next week, and we urge anyone with any questions to please speak to them. You can also report information via our website northants.police.uk

Drop-in space

A quiet space will be open from 3pm to 8pm today, and from 10am to 5pm tomorrow (Saturday, 25 March), for anyone who would like to drop-in and talk to others, sign a condolence book or simply sit quietly and reflect. Refreshments will be available.

Address: Gospel Hall, Osborne Rd, Kingsthorpe, Northampton NN2 6NU

Free2Talk

Free2Talk offer free weekly youth clubs across Northampton as well as online youth mentoring support. Professionals, parents and young people can get in touch directly via the [website](#) for further information, referral forms and direct contacts. An open-door policy will be operated throughout the Easter holidays for any young person seeking mentoring support or a safe place to talk.

Website: www.free2talkcic.org



NORTHAMPTON
YOUTH CLUBS
free2talk **FREE ENTRY**

EVERY WEEK
Find us on
free2talkcic.org
[@free2talkcic](https://www.facebook.com/free2talkcic)
[@free2talkcic](https://www.instagram.com/free2talkcic)
[free2talkcic](https://www.youtube.com/channel/UC...)
[@free2talkcic](https://www.tiktok.com/@free2talkcic)

Bellinge Monday Age 8-11 4.30pm- 6pm Young Leaders Broadcasting club 6.30pm-8pm Location: Bellinge Community Centre, NN3 9AQ.	Kingsheath Wednesday Age 8-11 4.30pm- 6pm Age 12+ 6.30pm-8pm Location: Free2TalkCIC Our Living Room, Park Sq, NNS 7LQ
Blackthorn Tuesday Age 8-11 4.30pm-6pm Age 12+ 6.30pm-8pm Location: Blackthorn Community Centre, NN3 8QD	Thorplands (With Free Basketball) Thursday Age 12+ 5.30pm-7.30pm Location:Thorplands Cope.



Just turn up!

Fearless

Fearless is the dedicated youth service of the independent charity Crimestoppers. They give young people the power to report crime 100% anonymously. You can give information to them using their [online form](#) or by calling their freephone number, 0800 555 111. They cannot track your IP address or your phone number and have no way of knowing who has contacted them. Fearless are not the police - they are a charity. You will not be contacted by the police after passing information on to Fearless as the police have no way of knowing who the information has come from.

Website: [Parents/guardians | Crimestoppers \(crimestoppers-uk.org\)](#)

The lowdown

The lowdown offers free and Confidential Counselling, Wellbeing Support, LGBTQ+ Support, Practical Support and Sexual Health Services for 11–25-year-olds and their families.

Address: 3 Kingswell Street, Northampton NN1 1PP

Telephone: 01604 634385

Email: info@thelowdownnorthampton.co.uk

Website: www.thelowdown.info

The lowdown Parent Support Drop-in Service

A weekly drop-in session for parents and carers of young people who are struggling with their mental health or emotional wellbeing takes place every Monday from 4pm to 6pm. Come along if you need to offload, explore strategies to improve relationships at home and spend time with people in a similar situation. Support can be given both face-to-face or remotely via video or phone.

The lowdown Parent/Carer Support Facebook Group

Search: 'Lowdown's Parent/Carer Support Group' for support, information, share experiences and gain coping strategies.



Parent Support
Flyer - FINAL.png

Lowdown Counselling:

The lowdown offer a free and confidential service for anyone aged between 11-25 and living within the NN1-NN7 postcode area. Young people can self-refer, or someone can make a referral for them. Referrals can be made via the [website](#).

Website: www.thelowdown.info/counselling-referrals

Countywide Support from The REACH Partnership:

Counselling Support is available countywide from 5 different agencies dependent on postcode area:

Time2Talk – Daventry/South Northants www.time2talk.org.uk

Service Six – Wellingborough www.servicesix.co.uk

Youth Works – Kettering and Corby www.youthworksnorthamptonshire.org.uk

CHAT Youth Counselling – Oundle www.chatyouthcounselling.org.uk

Countywide Wellbeing Cafés

The Espresso Yourself Wellbeing Cafe is available countywide, 6 days of the week for young people aged 11-18 years and their parents/carers. It provides immediate support in a safe, non-judgemental space to offload and gain coping strategies.



Wellbeing Cafe's
2023.pdf

School Nursing – Northamptonshire Healthcare NHS Foundation Trust

School Nurses can offer 1:1 support or signpost on to other services and help if required. The School Nurse can be contacted on 0800 170 7055 option 4. Chat Health (text 07507 329 600) can be accessed by all young people aged 11-19 and is a confidential text messaging service with a school nurse.

Mental Health Support Team- Northamptonshire Healthcare NHS Foundation Trust

To contact MHST, schools can email CYP.MHST@nhft.nhs.uk – please note that support can only be offered from this team to schools currently linked in with MHST programme.

Managing Exposure to Traumatic Events



Managing Exposure
to Traumatic Events C

Child & Adolescent Bereavement Service - Northampton General Hospital NHS Trust

The bereavement service can offer support and advice to parents, carers and school staff by phone or E-mail. If an assessment for 1-1 counselling is required a member of the school staff or a health care professional will need to complete a referral to RMC, the referral management centre. The form can be found at www.nhft.nhs.uk/cyp-rmc-referral-form

Northamptonshire Police - Information on Knife crime

There are many misconceptions about knife crime and it's important to remember that the vast majority of people don't carry knives or get involved with knife crime. Northamptonshire Police are working hard with partner agencies and the communities within Northamptonshire to prevent knife crime from happening and to tackle those that do get involved with knife crime.

Knife crime is any crime which involves a knife whether it is used or not and some examples include:

- Carrying a knife
- Threatening someone with a knife
- Intending to hurt someone with a knife
- Using a knife to injure or kill someone

- Thieves carrying knives during a robbery or burglary
- The involvement of a knife or knives in gang-related offences
- Someone under 18 trying to buy a knife

If you are worried about someone you know carrying a knife, want to talk to someone about knife crime or ask advice please call 101 - always call 999 in an emergency such as when a crime is in progress and/or someone is in immediate danger.