

Key:

	Careers
	PSHE
	Oracy (PiXL Orate)
	E-Safety
	Wellbeing
	Horticulture
	To be created

Year 7 – 20 Timetabled Hours and 3 Drop Down Days + extra-curricular

Drop Down Day One – PRIDE – PiXL Resources and Horticulture - www.pixl.org.uk

Drop Down Day Two – Picture Train (Enterprise) - enquiries@picturetrain.co.uk

To be completed as 1 day with each form completing a different session.

Drop Down Day Three – OPUS Energy Renewable Energy Challenge (Enterprise) - kacie.fay@opusenergy.com

Other Events:

Coding Club – Extra-curricular – UoN - schoolsengagement@northampton.ac.uk

Careers Action Plans

Timetable of Lessons:

1	2	3	4	5	6	7	8	9	10
What is leadership and why is it important?	There's no 'I' in team	What is the difference between managing and leading?	What is 'strong' leadership? + Leadership and humility	Introduction to E-Safety	Online dangers and risks	Introduction to Oracy and Pre course assessment	Looking ahead	PiXL Futures (English, Maths and Science)	PiXL Futures (Options)
11	12	13	14	15	16	17	18	19	20
START Profiles	What does resilience mean?	What is a 'growth mindset'?	What makes people quit? Emotional, psychological and physical resilience	Breaking down the journey	British Values	Introduction to my health and self-assessment	Being active	Body Health Part 1	Body Health Part 2

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Year 8 – 20 Timetabled Hours and 3 Drop Down Days + one afternoon/morning

- Drop Down Day One – Oracy and British Values** – PiXL Resources - www.pixl.org.uk
- Drop Down Day Two – NHS Challenge** (Resources available to support planning) – <https://www.stepintothens.nhs.uk/schools>
- Drop Down Day Three – BEE Career Ready** – karen.oconnor@businesseducationevents.com

Other Events:

- Options evening** – for students and parents
- 1:1 SLT Interviews** when choosing options
- #IDEK ‘Choices’ Tour Performance** (45 minute performance) – 16.09.19 – schoolsengagement@northampton.ac.uk
- Careers Action Plans**
- OPUS Car Challenge** - kacie.fay@opusenergy.com

Timetable of Lessons:

1	2	3	4	5	6	7	8	9	10
Choosing Leaders	Putting together a team	Motivational leadership	Command and control versus discuss and decide	When leaders make mistakes	Online Scams	Digital Footprint	Staying Safe Online	Social Media	Social Media
11	12	13	14	15	16	17	18	19	20

Online Behaviour Cyberbullying	PIXL Futures (English, Maths and Science)	START Profiles	Creating my Journey Coping with Change	What are my strengths and weaknesses	Overcoming Barriers	What is my Motivation?	Fitness 1	Fitness 2	Fitness 3
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Year 9 – 20 Timetabled Hours and 3 Drop Down Days

- Drop Down Day One – BEE a SOAP Entrepreneur – karen.oconnor@businesseducationevents.com**
- Drop Down Day Two – Northamptonshire County Schools Challenge – Henny.Cameron@northants.pnn.police.uk**
School winners to take part in the semi-finals (May 2020)
- Drop Down Day Three – Wellbeing – PiXL Resources - www.pixl.org.uk**

Other Events:

- Careers Action Plans**
- Women into the Automotive Industry – sophie@automotive30club.co.uk**
- Girls into Science and Engineering (UoN) - schoolsengagement@northampton.ac.uk**
- AMEY Cup Challenge (POL) - Louise.Ousley@amey.co.uk**
- OPUS Car Challenge - kacie.fay@opusenergy.com**

Timetable of Lessons:

1	2	3	4	5	6	7	8	9	10
Who am I as a leader?	How do I like to be led?	Motivating myself	Why do employers want leadership skills?	START Profiles	Sexting	Online chatting	British Values	British Values	Charity
11	12	13	14	15	16	17	18	19	20

Personal Growth Part 1	Personal Growth Part 2	Challenge Opportunities	Horticulture	Vocabulary and language variety	Structure	Rhetorical Techniques	When am I resilient? No mistakes = no progress	Turning setbacks into success	Motivating myself
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Year 10 – 20 Timetabled Hours and 4 Drop Down Days

- Drop Down Day One – BEE Interviewed– 25.06.20 - karen.oconnor@businesseducationevents.com
- Drop Down Day Two – Skills Show - <http://www.thenec.co.uk/whats-on/the-skills-show/>
- Drop Down Day Three – OPUS Energy Site Visit - kacie.fay@opusenergy.com
- Drop Down Day Four – Secondary School Tour of Waterside Campus (UoN) - schoolsengagement@northampton.ac.uk

Other Events:

- Guest Speakers - <https://www.speakers4schools.org/>
- 1:1 Independent Careers Interview
- OPUS Car Challenge kacie.fay@opusenergy.com
- Careers Action Plans
- Ignite the Spark (STEM Day) – Victoria.Murphy@northamptoncollege.ac.uk
- Northampton College Taster Day – Carrie.Newton@northamptoncollege.ac.uk
- TBCS A Level Taster Day

 **The Big Rig (TIM)** - schoolsengagement@northampton.ac.uk

 **Teen Tech** - schoolsengagement@northampton.ac.uk

 **Voluntary Work Experience**

Timetable of Lessons:

1	2	3	4	5	6	7	8	9	10
Introduction to organisation	Organised problem solving	What does an organised person look like?	What organised skills do I need?	Presenting organised arguments	Content	Clarifying and Summarising	Audience Awareness	Apprenticeships (ASK)	VI Form Colleges
11	12	13	14	15	16	17	18	19	20
What is initiative?	When did I last show initiative?	What's so good about showing initiative?	Spotting a gap in the market	Creating my journey	START Profiles	Introduction to nutrition	Healthy eating part 1 + part 2	Smart food choices	Energy levels

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Year 11 – 10 Timetabled Hours and 2 Drop Down Days

Drop Down Day One – Careers (CV, Cover Letters, Interview Techniques and Barclays Life Skills) - <https://barclayslifeskills.com/> with support from OPUS - kacie.fay@opusenergy.com

Drop Down Day Two – University Visit – Bedford? Birmingham?

Other Events:

Careers Action Plans

1:1 SLT Interview – Destinations

Timetable of Lessons:

1	2	3	4	5	6	7	8	9	10
British Values	British Values	Listening and responding	Confidence in speaking	Working with others	Being Mindful	Revision Timetables	Thinking hard	Power to Perform	Power to Perform

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Year 12 – 10 Timetabled Hours and 5 Drop Down Days

- Community Day
- STEM Workshop
- UCAS Day
- University Visit
- University Visit

Other Events:

- Work Experience

Timetable of Lessons:

1	2	3	4	5	6	7	8	9	10
Introverted and Extroverted Leadership	Leadership and Careers Part 1	Leading with the Head and Heart	Leadership and Careers Part 2	Organisation in Life Beyond School	Initiative and Industry Advancements	Working with Others	Personal Growth Part 1	Personal Growth Part 2	Managing Change Part 1

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Year 13 – 10 Timetabled Hours and 1 Drop Down Day

STEM Workshop

Other Events:

1:1 Interview with Independent Careers Advisor

Timetable of Lessons:

1	2	3	4	5	6	7	8	9	10
What got you here won't get you there	Resilience - Forecasting	Resilience - Autopsy	Confidence in Speaking	Listening and Responding	Resiliently Flexible	Zooming in and out	Resilient Leadership	When am I developing communication skills	Plans for the future