



21/09/2026

Dear Parents/Carers,

Food Prepared in Practical Lessons

As part of our Food studies lessons, students regularly prepare and cook a variety of foods. We are writing to remind parents and students that any food prepared in school practical lessons should only be consumed by the student who made it and **must not be shared with others**.

This guidance is in line with UK food safety and allergen regulations. Although students follow hygiene and safety procedures during lessons, the school cannot guarantee that food prepared by students is free from allergens or cross-contamination. Ingredients may contain substances that could cause serious allergic reactions in some individuals.

For this reason:

- Students must not share food made in lessons with friends.
- Food should be clearly labelled and taken home by the student who prepared it.
- Parents should check ingredients carefully before consuming any food brought home.
- Students with allergies should continue to inform Ms Niikoi of any dietary requirements.

Food allergies can be severe and, in some cases, life-threatening. By not sharing food, we can help ensure the safety and wellbeing of all members of our school community.

We appreciate your support in reinforcing this important message at home. If you have any questions regarding ingredients, allergens, or food safety procedures within our Food Studies curriculum, please do not hesitate to contact me.

Thank you for your cooperation.

Yours sincerely,

N Niikoi

Mrs N Niikoi

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Subject Lead for Food studies and Child Development.



RESPECT



TRUTH



COMPASSION



JUSTICE



FAITH